



Dear Parent,

The teaching methodology for Pre-Primary section is activity based. Hereby, we provide you with a list of activities that can be conducted at home under the guidance / supervision of parents. These activities can be carried out with the readily available materials at home. The ultimate aim of teaching is also achieved by carrying out these activities, and it will be shared twice a week.

Kindly requesting parents to share photographs of your ward doing these activities.

NURTURE THE NATURE



Materials Required:

Jute bags, stainless steel/glass pitcher, used coffee / jam bottles, glass plate, steel spoons, newspaper.

- Parents can explain and encourage the child and other family members to follow these steps to lead an eco-friendly lifestyle.
- Take a reusable jute bag or cloth bag while shopping.
- Store pulses, spices, cereals in used coffee / jam bottles.
- Use newspaper for packing.
- Fill water in a glass pitcher.
- Children can use stainless steel water bottles.
- Eat in a steel/glass plate.
- Say no to plastic straws.
- Do not use disposable plates, cups and cutlery.

Learning Outcome: This activity aids in reducing the usage of plastic products and helps in the global movement against plastic.

Materials Required:

Duster, clothes for folding, toys, books, plates, glass, bowls.

Parents can involve children in simple household chores like the following :

- Regular dusting and cleaning in the house.
- Folding of clothes.
- Organizing toys and books after use.
- Setting up and clearing of table before and after meals.

Learning Outcome: This activity enhances sense of responsibility and self-esteem in children.

HELPING HANDS



SMILE AND SORT



Materials Required:

Children's own clothes/sibling's or parent's or grandparent's clothes.

- Take out all your child's clothes from the cupboard and spread them on a bed to identify and sort easily.
- Now, let the child make different piles according to the family of colours. Example: All the blue clothes together and so on.
- Next, help your child to hang the clothes or fold and keep inside the cupboard according to the different shades.
- They can also make a separate pile for clothes that can be discarded or given away.

Learning Outcome: This activity will help the child to understand different shades of a colour and instill confidence to work independently.

Materials Required:

1 Lemon, 2 tablespoons of sugar, 1 glass of water, beetroot juice (optional), lemon squeezer (if available at home).

- Children can make this refreshing, vitamin C rich lemonade with the help of parents in just 10 minutes.
- Step 1: Take a glass of drinking water.
- Step 2: Squeeze the lemon as shown in the picture. You can also use a lemon squeezer if available at home.
- Step 3: Add 2 tablespoons of sugar, stir well and enjoy the lemonade.
- You can also add beetroot juice to enhance the taste and colour of the lemonade.

Learning Outcome: This fun activity improves fine motor skills and helps to understand the different flavours of each ingredients used.

BEAT THE HEAT

